SEAWAY DISTRICT INTERMEDIATE/HIGH SCHOOL

 Grades 9-12 BELL SCHEDULE Grades 7-8

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| **TIME** | **PERIOD** |  | **TIME** | **PERIOD** |
| **8:00**60 MINUTES**9:00** | **Block A** | **8:00**100 MINUTES**9:40** | **CLASSES** |
| **9:00****9:05** | **5 MINUTE IN-CLASS BREAK (leave class only for washroom use/water bottle filling)** |
| **9:05**60 MINUTES**10:05** | **Block B****REPEAT** |
| **9:40**30 MINUTES**10:10** | **Recess /** **Snack in Classroom** |
| **10:05****10:15** | **10 MINUTE BREAK NUTRITION/WASHROOM/WATER BOTTLE FILLING/LOCKER ACCESS** |
| **10:15**60 MINUTES**11:15** | **Block C** |
| **10:10**100 MINUTES**11:50** | **CLASSES** |
| **11:15**50 MINUTES**12:05** | **LUNCH** |
| **12:05**60 MINUTES**1:05** | **Block D** |
|  |
| **11:50**40 MINUTES**12:30** | **Recess /** **Lunch in Cafeteria** |
| **1:05****1:10** | **TRAVEL TIME****LOCKER ACCESS** | **12:30**100 MINUTES**2:10** | **CLASSES** |
| **1:10**60 MINUTES**2:10** | **Block E** |
| 70 MINUTESNON-INSTRUCTIONAL | 300 MINUTES INSTRUCTIONAL | 70 MINUTESNON-INSTRUCTIONAL | 300 MINUTES INSTRUCTIONAL |



SEAWAY DISTRICT HIGH SCHOOL

BELL SCHEDULE

|  |  |  |
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| **TIME** | **PERIOD** | **LENGTH** |
| 8:00 – 9:00 | **Block A** | 60 Minutes |
| 9:00 – 9:05 | 5 Minute In-Class Break | 5 Minutes |
| 9:05 – 10:05 | **Block B (repeat period)** | 60 Minutes |
| 10:05 – 10:15 | 10 Minute Break | 10 Minutes |
| 10:15 – 11:15 | **Block C** | 60 Minutes |
| 11:15 – 12:05 | Lunch | 50 Minutes |
| 12:05 – 1:05 | **Block D** | 60 Minutes |
| 1:05 – 1:10 | 5 Minute Class Transition | 5 Minutes |
| 1:10 – 2:10 | **Block E** | 60 Minutes |

The 10:05 Break has been created to allow students to have a snack, use the washroom, fill their water bottle, get their supplies for their next class from their locker, and travel to their next class. Students should not leave school property to access local merchants as there is insufficient time to go and then arrive back to class on time.

The Travel Time (Class Transition) Breaks provide students time to get to their locker and then their next class.

There will be a five-day rotation where the repeat period is after the 5-minute “in-class” morning break. Semester 1 starts off like this:

Tuesday September 05: Day 1

Wednesday September 06: Day 2

Thursday September 07: Day 3

Friday September 08: Day 4

Monday September 11: Day 5.1 (Day 1 cycle)

Tuesday September 12: Day 1

Wednesday September 13: Day 2

The next “Day 5” in the rotation (Monday September 18) will be a 5.2, meaning we will follow a Day 2 schedule, and so on. This schedule is required to participate in a district wide timetable where synchronous e-learning courses can be accessed at the same time by multiple schools.

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| **TIME** | **DAY 1** | **DAY 2** | **DAY 3** | **DAY 4** | **DAY 5****\*\* (5.1; 5.2; 5.3; 5.4)** |
| 8:00 – 9:00 | Period 1 | Period 2 | Period 3 | Period 4 |  |
| 9:05 – 10:05 | Period 1 | Period 2 | Period 3 | Period 4 |  |
| 10:15 – 11:15 | Period 2 | Period 1 | Period 4 | Period 3 |  |
| 12:05 – 1:05 | Period 3 | Period 4 | Period 1 | Period 2 |  |
| 1:10 – 2:10 | Period 4  | Period 3  | Period 2 | Period 1 |  |

\*\* 5.1 = Day 1 Rotation; 5.2 = Day 2 Rotation; 5.3 = Day 3 Rotation; 5.4 = Day 4 Rotation